



4th Tank Battalion Newsletter

January 2011

Miramar Resources

American Red Cross
619-542-7400

Base Chaplain
858-577-1333

L.I.N.K.S

858-577-4810

**MCCS Information &
Referral**

858-577-1801

**Navy-Marine Corps
Relief**

858-577-1801

NMC Balboa ER

619-532-8274

Counseling Service

858-577-6585

TriWest Healthcare

1-888-TRIWEST

**United Concordia
Dental**

1-800-866-8499

**Entertainment Ticket
Office**

858-577-4126/4141

**Flying Leatherneck
Museum**

858-693-1723

Library

858-577-1261

Bob Hope Theater

858-577-4143

**New Parent Support
Group**

858-577-9812

**Information and
Referral**

858-577-8644

Battalion Commander's Message

Members of 4th Tank Battalion,

Hope you had a great Christmas and New Year's holiday. We had a very successful Toys for Tots season due to the efforts of you and the Marines & Sailors of the Battalion. I want to personally thank you for making a difference in the lives of many children this season.

We have a lot to look forward this upcoming year. The Battalion will be busy with deployments to Eastern Europe (Black Sea Rotational Forces 2011), the EMV (Enhanced Mohave Viper), African Lion in Morocco and many other training events. This will prove to be a challenging and demanding year for all of us, please keep in mind we cannot execute our mission without your support and the participation of your Marine and Sailor. It is imperative to remain vigilant and look out for each other as we go through this year.

Again, thanks for your support and participation.

Semper Fi,

LtCol Nelson S. Cardella
Battalion Commander





Live Homework Help® by Tutor.com™ is a free, live, online tutoring service available in English and Spanish 24 hours a day.

To use the service simply log on, select your grade and subject, and connect to a live tutor.

Educational support is available for Kindergarten – 12th Grade, College Intro, and Adults.

Subjects supported are all grade levels of math, science, English, and social studies.

Use a chat window, online drawing board, file sharing, and website browsing to get help with any educational challenge.

For more information go to www.usmc-mccs.org/library/tutor/index.cfm

Password = usmc (lower case)

!!!Parents!!!!

Hourly Child Care

Provided by Youth and Teen Center

-Hours of operation are Monday through Friday 7:30 am to 2:00 pm

-Ages 6 weeks to Pre-Kindergarten

-Free if your Marine or Sailor is deployed.

Reservations can be made by calling (858) 577-4136

A letter from the Battalion Sergeant Major

Families of 4th Tank Battalion,

Allow me to extend my best wishes to the Marines, Sailors and families of the 4th Tank Battalion for this upcoming year that is 2011. As for the Aguilar family we spent the holidays enjoying classic movies and eating hardy holiday dinners and desserts. As January hits our home towns with Snow, rain or sunshine I ask that we continually practice safety and practical judgment as we experience the winter climate. Be sure to set the family up for success. Whether it's chaining up or keeping a hat on your child's head or making sure you use sun block (for those in sunny Florida and Southern California). Always prepare just as we do for battle.

I would also ask that we reflect on the upcoming Martin Luther King Day observance and holiday. On August 28th 1963, Dr. Martin Luther King gave a speech that called for us as a nation to consider the well being of all our citizens not by the color of skin but by the content of their character. For those who are too young to remember the sixties and seventies, we have come a long way. I am extremely proud to be an American and U.S Marine.

Semper Fidelis!

Sergeant Major Aguilar
Battalion Sergeant Major



Providing resources & information to families of K-16 school aged children.
Visit Our Website or Contact us:
www.mirmar.usmc.mil/slo/liaison.htm 577-6633 or 577-8625

MILITARY ONESOURCE
CALL 1-800-342-9647 AVAILABLE 24/7

Child Care
Spousal Employment
Car Repair
Plumbing
Money management
Counseling
Relocation
Education
Elder Care
Relocation

You name it.....

Military One Source can help.
www.militaryonesource.com

L.I.N.K.S

The Lifestyles, Insights, Networking, Knowledge & Skills LINKS for short is a forum for the military spouse.

Researched and written by experienced military spouses who represent the lifestyle of Marine families from Lance Corporal through General, to include Navy families attached to Marine units. During a L.I.N.K.S. session, topics of discussions include:

*Lifestyle differences encountered by Military families.

*Insights and "lessons learned" by peers that can help families adjust.

*Networking benefits that form strong personal support systems.

*Knowledge to assist in accessing military benefits and resources.

*Skills needed to plan for the challenges of Military life.

And much more.



To register please contact
Jessica James at
(858)-577-4810

Child Care Provided

Family Readiness Message

4th Tank Battalion Marines, Sailors, and Families,

Well a new year is upon us and if you are anything like me, it started off full throttle.

We have a lot going on this year with the BSRF Deployment and other operations so I would like to place a reminder out there about OPSEC (Operational Security). OPSEC is keeping potential adversaries from discovering critical Department Of Defense information. As the name suggests, it protects US operations - planned, in progress and those completed. It's very important for your safety as well as the Marine's and Sailor's to prevent information leaks. More information on OPSEC can be found at

<http://www.3maw.usmc.mil/FamilyReadiness/OpSec/OpSec.asp>

Along the same lines of OPSEC is also Social Media. 4th Tank Battalion now has a Facebook page named Fourth (4th) Tank Battalion. We want to use this as a great resource for our Battalion and Companies to pass information and also the newsletter to Marines, Sailors, and Families. In doing so, we need to make sure people are being respectful in posting or commenting on the site. The Marine Corps has issued Social Media Guidance to be followed in these regards on the Battalion Facebook page and also at:

<http://www.marines.mil/usmc/Pages/SocialMediaGuidance.aspx>

Comments and opinions are wanted but please do so with respect as inappropriate items will be deleted. I look forward to seeing the many faces joining our page a discussing common issues under the discussion link.

Thank you for your time and please contact me for resources, information, or if you'd like to volunteer.

Amanda Granzow
4th Tank Bn Family Readiness Officer
amanda.granzow@usmc.mil
(858) 537-8145 – Office
(858) 371-1271 - Blackberry

